

Iron Gym Xtreme Manual



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iron gym sports and outdoors - shopping.com - The Iron Gym Xtreme Total Upper Body Workout Bar features heavy-duty steel construction and quickly attaches to and removes from a door frame.

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iron gym official website: as seen on tv! - Iron Gym is the multi-function training system that raises the bar on upper body exercises. Iron Gym turns any door into your own personal gym in just seconds.

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how to assemble your iron gym. - instructables.com - Intro: How to assemble your Iron Gym. This Instructable will show you how to assemble your Iron Gym (\$29 ish).Having put one together myself, I will detail a certain

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